Bilingual caregivers when available

File long term care insurance

Arrange veterinary visits

98. Feed and help walk pet

Clean bathrooms

Mop kitchen and bathroom floor

Organize pantry

93. Load/unload dishwasher

Wash/put away dishes

91. Wipe out oven

Organize & wipe out refrigerator

89. Organize closets

86. Coordinate recycling

Take out trash

Light vacuuming

82. Wash clothes/linens

77. Attend religious services

75. Make travel plans

74. Help check e-mail

73. Help with insurance needs

70. Bill pay reminder

68. Assist with holiday cards

67. Assist with puzzles

66. Holiday wrapping

65. Daily/weekly family updates

64. Family photos and scrapbooks

63. Read newspaper/books

62. Assist with puzzles

61. Encourage conversation

59. Coordinate doctor appointments

58. Discuss current events

57. Help with newspaper/books

56. Encourage conversation

55. Coordinate home deliveries

54. Holiday shopping

53. Screen answering machine

52. Play cards/games

51. Dust furniture

49. Assisted dressing

48. Appointments

We Can Help

51. Make travel plans

52. Attend religious services

53. Attend social events

54. Holiday shopping

55. Take to library

56. Companionship

57. Encourage conversation

58. Discuss current events

59. Coordinate doctor appointments

60. Appointment reminders

61. Make grocery list

62. Organize coupons

63. Take on walks

64. Write letters

65. Send birthday/anniversary cards

66. Answer telephone

67. Play games

68. Assist with puzzles

69. Encourage activities

70. Read newspaper/books

71. Family photos and scrapbooks

72. Birthday and anniversary reminders

73. Daily/weekly family updates

74. Daily journal

75. Coordinate home deliveries

76. Holiday wrapping and cards

77. Arrange holiday parties

78. Bill pay reminder

79. Help check e-mail

80. Homemaker services

81. Wash clothes/linens

82. Fold clothes/linens

83. Change bed linens

84. Make bed

85. Dust furniture

86. Light vacuuming

87. Take out trash

88. Coordinate recycling

89. Water house plants

90. Organize closets

91. Clean counter tops

92. Organize and wipe out refrigerator

93. Wipe out oven

94. Wash/put away dishes

95. Load/unload dishwasher

96. Organize pantry

97. Mop kitchen and bathroom floor

98. Clean bathrooms

99. Feed/help walk pet

100. Arrange veterinary visits

Visit us at:
HelpingHandNursingServices.com

863-616-1888
Fax 863-616-1914

1948 E. Edgewood Drive
Lakeland, Florida 33803

When You Need Us!

The Leader in Personal Caregiving

101. Always There

Licensed Nurse Registry
License #30211268

We Can Help

1. Homemaker/companion services

2. Personal care services

3. Nursing care services

4. Live-in care

5. Certified Nursing Assistants (CNAs)

6. RN/LPN services

7. Welcome Home program

8. Bath visits

9. Specialty care programs

10. Specialty care teams

11. Cancer care team

12. Alzheimer’s/memory care

13. Rehabilitative care

14. Stroke recovery care

15. COPD/pulmonary care

16. Hospice care

17. Cardiac/CHF care

18. Parkinson’s/neuromuscular care

19. Diabetic care

20. Personal Care

21. Wash/Brush hair

22. Shaving

23. Oral hygiene

24. Coordinate clothing

25. Dressing

26. Incontinence care

27. Transferring

28. Ambulation

29. Stabilize with walking

30. Assist with wheelchair and walker

31. Assist client with exercises

32. Monitor medication

33. Dispense medication

34. Medication reminders

35. Record medication usage

36. Tube feeding

37. Record vital signs

38. Feeding clients

39. Evaluate food freshness

40. Encourage balanced diet

41. Monitor fat and caloric intake

42. Meal preparation

43. Prepare special dietary foods

44. Monitor fluid restrictions

45. Daily Weight Records

46. Transportation

47. Take to doctor visits

48. Pick up prescriptions

49. Escort to restaurants

50. Grocery shopping

Licensed, Bonded, Insured

101. Always There

Since 1992

Helping Hand Nursing Services

The most trusted name in home care since 1992

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Helping Hand Nursing Services

Since 1992

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The Leader in Personal Caregiving
Helping Hand Nursing Services is a locally owned and operated Nurse Registry that has been providing the most affordable and comprehensive home care in Polk and Hillsborough counties, since 1992. Helping Hand has worked with doctors, nursing homes, home health care agencies and hospitals in a combined effort to keep Senior Citizens, recovering persons or disabled patients in the comfort of their own homes or familiar environment.

Our administrator is a registered nurse with over thirty five years experience. She is an RN, BSN, CCRN and specializes in home health care and geriatric care management.

Careful screening and personal interviews assures that all home care aides have integrity, experience and meet our agency’s highest ethical standards. Our RN’s, LPN’s, CNA’s, HHA’s, Homemakers, and Companions are extensively trained, experienced and matched to your preference.

Making the Most of Every Day

Specialized Care Teams

Helping Hand Nursing Services’ philosophy of providing highly customized care to individuals with special needs is the hallmark of our creative approach to solving many complex issues that may face recovering, elderly and terminal persons.

Welcome Home Program

Helping Hand pioneered and developed the Welcome Home Program. The client receives 8 hours of care, transitioning them from the hospital or nursing facility to home. Transportation home, grocery shopping, picking up prescriptions or any of the 101 Ways we make coming home a happy and stress free experience.

Personalized Care Services

Companionship Care $14.00/hr
Compassionate Caregivers assist with light housekeeping, laundry, shopping and activities designed to promote independence.

Personal Care $16.00/hr
State-licensed Certified Nursing Assistants (CNAs) are trained to improve the quality of life and maintain the independence of the people they care for by assisting with bathing, ambulation, personal hygiene, and all of the 101 Ways.

Nursing Care $23.00/hr (8 hr min)
Nurses from our Elite Care Team provide the best medical and non-medical home care experience while providing peace of mind that only a nurse can provide.

Live-In Care $225.00/day
Certified Nursing Assistants (CNAs) provide continuous personal care services while living with their client for two or more days.

Welcome Home Program $145.00
Free RN Assessment
No Deposit | No Credit Card Surcharge

Home Recovery Care Team

Home recovery is a specifically designed program for each client to help facilitate continued progress after an illness, hospitalization or rehabilitation facility discharge.

Memory Care

Research has proven that a trained, experienced, compassionate caregiver providing personalized care to persons with dementia or Alzheimers has a positive impact on their lives.

Hospice Care

The compassionate care team assists people with life limiting diseases by providing quality and sensitive care at life’s most challenging moments. Caregivers ease the burden of daily household duties and provide physical care as well as emotional and moral support.